See and Beseen"

A Group Art Exhibition Exploring Mental Health Awareness, Wellness and Resilience

Bleicher/Golightly Gallery, May 7th ~ May 20th, 2014 Artist Reception: Saturday, May 10th, from 2:30 ~ 8:30pm "See and Be Seen" exhibitions are inspired by: "how we see ourselves", "how we think others see us" and "how we would like to be seen". Featured works of art were produced during hands-on arts workshops for people with mental health challenges. Come view this art exhibition and learn about the experience of hope, wellness and resilience for people in your community living with mental health challenges.

All art works are created in the Arts Network Artist In Residency Program by art students from LAC DMH South Bay Mental Health Center.

The Arts Network promotes mental health wellness, recovery and stigma elimination through arts programming and community outreach. For more information, visit www.namicalifornia.org.

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Gallery Hours: Monday ~ Thursday From 11am to 6pm, and Fri., Sat. & Sun. Noon to 10pm





